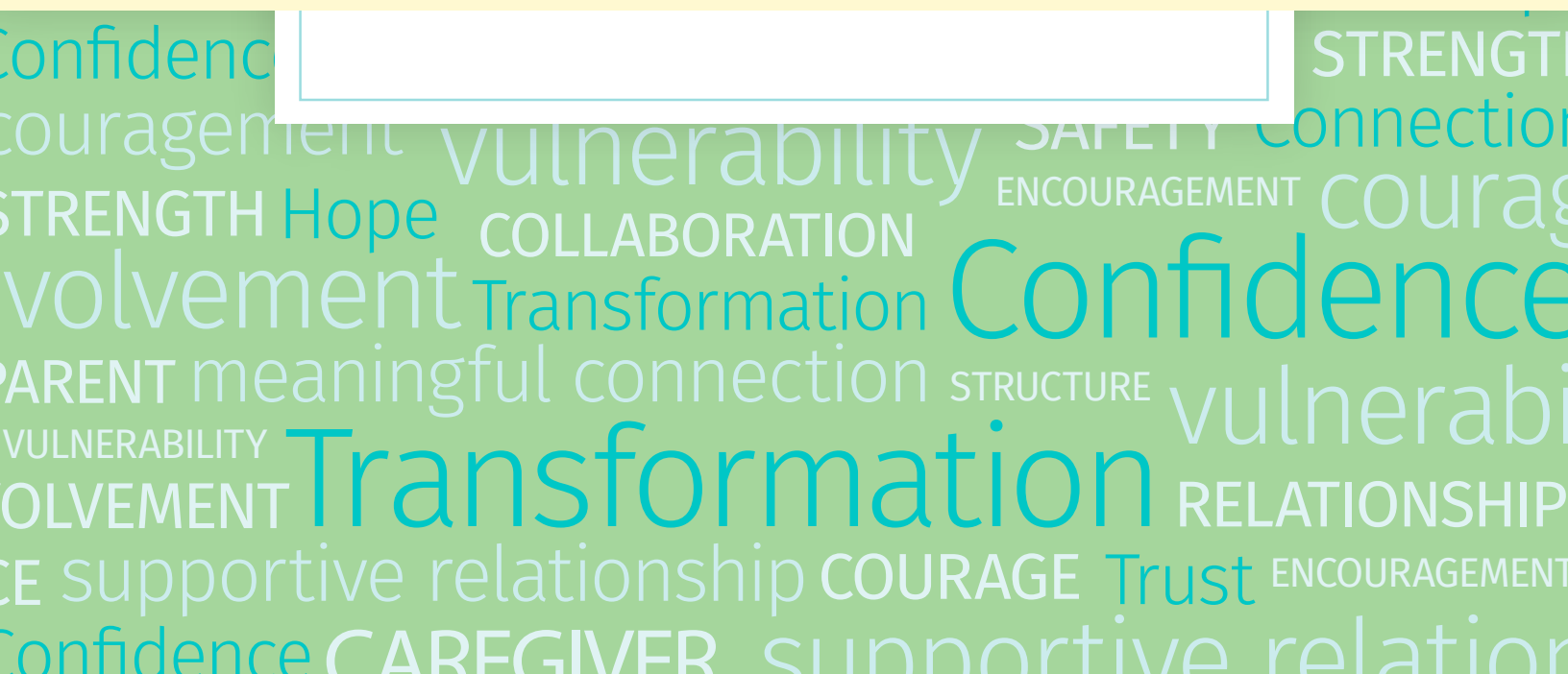
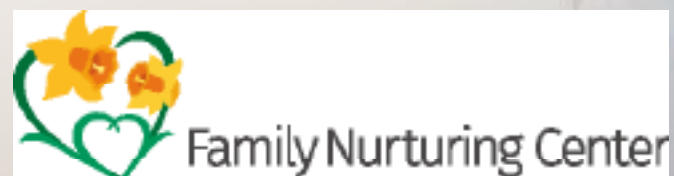




2024 Annual Report





Who We Are

MISSION

The Family Nurturing Center’s mission is to strengthen families so that children can live safely and develop fully in their parents’ care.

VISION

All children in Southern Oregon will thrive in safe, nurturing and stable environments.

PURPOSE

FNC serves families with children 0-5 with services designed to stabilize and strengthen families, improve child development, reduce child abuse and neglect by increasing family protective factors.



Leadership Team

Lisa O'Connor, Chief Executive Officer
Whitney Dennis, Chief Operating Officer
Jim Hayek, Chief People Officer
Katie Lechuga, Senior Program Officer
Beth Jaffee-Stafford, Clinical Director
Joe Powell, Development Director

Executive Board

Laura Sutton , President
Shala C. Helm, Secretary
Brendon Kinzel
Molly Bundy

Michelle Blum-Atkinson
Valerie A. Ljungkvist
Zulma Larios

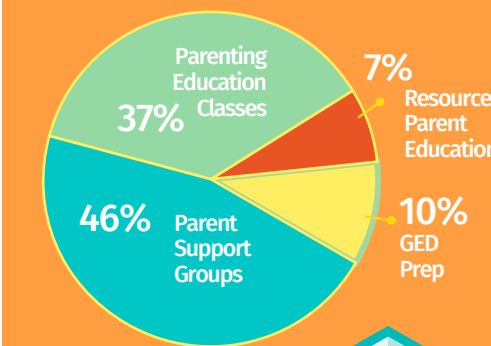
Community REPORT CARD

5,485 visits to our clothing closet
137,125 free diapers distributed



77+ employees

332 parents took classes from FNC



3500+ attended Family Fun Events

2000+ kids visted Farm To Food Events



60+ volunteers served thoughtou FNC
1000+ Hours Donated

3387 people received food from FNC
14000+ pounds of food distributed



71 Familes moved into stable housing

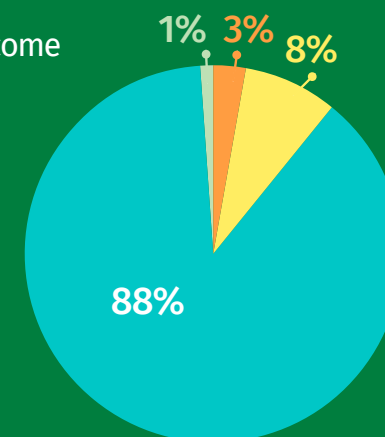


1850 Participants enrolled in Peer Support, Case Management, Therapeutic Classroom, Children's Mental Health, and Home visitation

Financials 2023-24 FISCAL YEAR

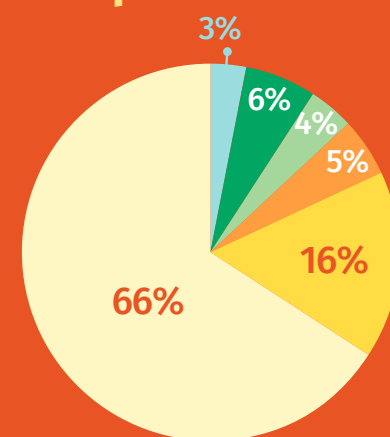
Revenue*

- Contributed Income
- Grants
- Fee for Service
- Special Events



Expenses

- Salary and Related Expenses
- Program Expenses
- General & Administration
- Professional Services
- Facilities and Equipment
- Depreciation





Introduction

Dear Friends,

As I look back on the past year at Family Nurturing Center, I feel immense gratitude for the dedication, resilience, and compassion that connect us—our donors, partners, and advocates. This year has been a journey of hope and growth for our organization, made possible by your unwavering support, allowing us to uplift countless families in our community.

Your commitment to our mission—strengthening and empowering families—forms the cornerstone of everything we achieve. Thanks to your help, we have reached significant milestones, including the expansion of our family support programs and the launch of innovative initiatives that provide essential resources and educational opportunities. This work transcends mere services; it involves planting seeds of resilience and compassion that will flourish for generations.

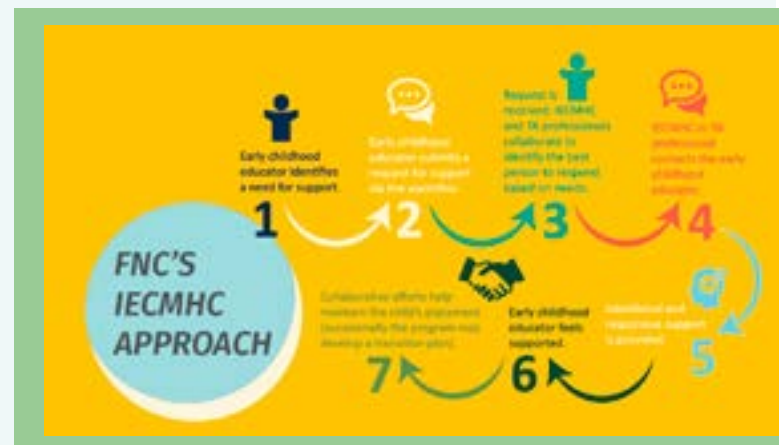
This year, Family Nurturing Center proudly received the Platinum Seal of Transparency from GuideStar, the highest recognition for financial accountability. Additionally, we were honored to be listed by Oregon Business Magazine as one of the Top 100 Nonprofits to Work For in Oregon, recognized in the large organizations category. These accolades reflect the dedication of our staff and supporters, affirming that our efforts create a positive impact for families and the community.

As you read through this report, I hope you feel the profound difference you’ve made possible. The stories of courage, triumph, and transformation within these pages highlight real lives changed and futures brightened because of you. Our families, staff, and volunteers inspire us daily, and we take pride in sharing these accomplishments with you.

Looking ahead, we recognize there is still much work to be done. Our community faces ongoing challenges that require us to be innovative and steadfast. With your continued support, we are confident in our ability to meet these challenges together, creating a brighter, healthier future for every family in need. Thank you for standing with Family Nurturing Center. Your generosity and belief in our mission make all the difference. Together, we are nurturing the heart of our community, one family at a time.

With Deep Appreciation,

Lisa O'Connor, CEO
Family Nurturing Center



Building Brighter Futures: How Early Mental Health Support Empowers Our Children and Families

The Family Nurturing Center is excited to announce that we have received a planning grant from the Department of Early Learning and Care (DELIC) to become the Regional Service Provider (RSP) for Infant and Early Childhood Mental Health Consultation (IECMHC). In this role, we will collaborate with regional partners, including the Southern Oregon Early Learning Council, Child Care Resource & Referral, ESDs, childcare providers, family representatives, and community organizations like Southern Oregon Success.

Our goal is to enhance support for both early learning programs and families. As an RSP, we are committed to creating an inclusive and equitable system that provides high-quality care for children and supports the well-being of the early learning workforce.

WHAT IS INFANT AND EARLY CHILDHOOD MENTAL HEALTH CONSULTATION (IECMHC)?

IECMHC is a prevention-based approach that pairs a mental health consultant with adults who work with infants and young children in the different settings where they learn and grow, such as childcare, preschool, home visiting, early intervention and their home. Mental health consultation is not about “fixing kids.” Nor is it therapy. Mental health consultation equips caregivers to facilitate children’s healthy social and emotional development. IECMHC is nationally recognized by the Association of Maternal and Child Health Programs (AMCHP) as a best practice. (IECMHC Basics. The Center of Excellence (CoE) for Infant and Early Childhood Mental Health Consultation (IECMHC). (n.d.). <https://www.iecmhc.org/about/>)

WHAT IS AN IECMH CONSULTANT AND WHAT DO THEY DO?

Infant and early childhood mental health consultants are highly trained licensed or license-eligible professionals with specialized knowledge in childhood development, the effects of stress and trauma on families, the importance of attachment for young children, and the impacts of adult mental health on developing children. Unlike other mental health professionals, IECMH consultants do not provide direct mental health treatment to young children or the adults who surround them. Instead, the consultant works indirectly by developing relationships with the adults in young children’s lives to build adults’ capacity to support children’s healthy social and emotional development – early and before formalized intervention is needed.

WHY FNC?

The Family Nurturing Center is leveraging our 18 years of experience in therapeutic preschool and children’s mental health to enhance social-emotional skills among other Early Learning providers in Jackson and Josephine Counties.

While we value the direct services we offer families, we are also taking a broader approach to problem-solving. This involves examining how different parts of the early learning system connect and highlighting the importance of relationships and interactions among individuals.

Led by our Clinical Director, Beth Jaffee-Stafford LMFT, IMHM-C, this initiative is supported by DELIC and the Oregon Infant Mental Health Association. We plan to move from the planning phase to implementation in the spring. This new service will not replace our existing offerings; rather, it will strengthen how we deliver our current services.



As a result of participating in FNC services, I know more about how to find the resources my



Expanding Support through Measure 110

Family Nurturing Center's Growth in Serving Our Community

In 2022, FNC began receiving Measure 110 funds, which redirected Oregon's marijuana tax revenue toward services for individuals with substance use disorder (SUD). This funding has enabled FNC to expand key programs, serve more families, and strengthen our impact within the community.

What Measure 110 Has Made Possible

Measure 110, passed in 2020, represented a shift from criminalizing SUD to treating it through community-based support. For FNC, the resulting funding has allowed us to make significant improvements in five primary areas:

PARENT MENTOR PROGRAM: This program offers peer guidance for parents, and Measure 110 funding has enabled us to double the number of mentors available, expanding support to more parents.

LONG-TERM HOUSING: Stable housing is critical for recovery, and Measure 110 has provided the means for us to increase housing availability, offering families the security needed for lasting change.

RESPITE CHILDCARE: With the expansion of respite childcare services, we now offer parents in recovery more support, giving them essential time for appointments and therapy, knowing their children are safe.

PARENT SUPPORT GROUPS: Peer support groups are vital in recovery, and Measure 110 has enabled us to expand these offerings, creating a safe space for parents to share experiences and grow.

FOOD SUPPORT: With increased food support services, we're able to provide consistent, nutritious meals to families in need, helping ease a key stressor.

A Growing Team to Serve More Families

Measure 110 funds have also allowed us to welcome over 15 new team members, significantly enhancing our reach and impact. This growth has led to doubling the number of families served through our SUD-focused programs, enabling us to meet the needs of many more families affected by SUD, housing instability, and food insecurity.

A Future Fueled by Measure 110

The support from Measure 110 continues to drive change within FNC, empowering us to expand our mission and make a lasting difference for families across our community. Through this funding, we remain committed to building resilient families and strengthening the fabric of our community, one family at a time.



Guided to Independence: | Brad's Journey with FNC's Parent Mentor Program

In 2022, Brad Middleton was referred to Family Nurturing Center by a community partner, seeking guidance from a Parent Mentor. Newly in recovery, Brad wanted someone who could support him in navigating resources and becoming a healthier parent. Thanks to Measure 110 funding and additional staffing, Brad was quickly paired with Parent Mentor Garrison Mau.

Reflecting on his experience with Garrison, Brad shared, "There wasn't a goal I couldn't reach with Garrison's support. Whether it was getting my license back, staying positive about finding a new house, or just making it through treatment...Garrison's encouragement made it all possible."

Brad further emphasized how impactful it was to work with someone who truly understood his struggles: "Moving forward was a lot easier when I saw someone who'd come from similar circumstances. We could relate on so many things that came up in my daily life. Just knowing I wasn't alone made everything so much more manageable."

Through the Parent Mentor program, Brad also felt a stronger connection to his community and his children. "Garrison connected me to the recovery community and showed me the value of building relationships. I'm a better parent now—more patient, more understanding."

Today, Brad is in long-term recovery, working full-time, and parenting his two children. "I'm independent; I manage my life and pay my bills. I follow through on my commitments, and my word actually means something to people."

As a result of participating in FNC services, my child is more able to interact positively with others.

Rebuilding the Village

Grandmas2Go and the Legacy of Linda Otto

Grandmas2Go has bridged generations, offering support and encouragement to families when they need it most. Founded by Linda Otto, the program pairs senior volunteer “grandmas” with new parents, providing home-visit coaching to help with the challenges of early parenthood. As Otto prepares to retire, Family Nurturing Center’s Katie Lechuga sat down with her to discuss Grandmas2Go’s impact and her legacy.

Linda Otto’s journey began with a personal experience of infertility, followed by a newfound connection with her niece’s triplets. This reawakened her passion for helping parents. As she explained, “To succeed, you have to advocate for the entire family -- you have to wrap your arms around that family.” Otto soon trained as a postpartum doula and CASA volunteer, helping families without extended support networks. These experiences inspired her vision for Grandmas2Go, which launched in 2020 through Family Nurturing Center, giving it a stable home to grow.

Otto’s program addresses a critical gap: the absence of a “village” for many modern families. Grandmas2Go provides more than practical help; it offers the love and encouragement many parents need.



Otto’s hope is for the program to continue offering support, with a focus on the crucial early years of development. Looking back, she’s proud of her legacy: “I am very, very happy to know that you all are going to take care of my baby.”

With Otto’s retirement, her vision for community-based, intergenerational support lives on. Grandmas2Go will continue to empower and uplift families, embodying the love and dedication she poured into this work.

“I realized that, to succeed, you have to advocate for the entire family -- you have to wrap your arms around that family.” – Linda Otto

Winter in Candyland:

A Celebration of Community and Learning

Winter in Candyland was a huge success last year, bringing families together in a magical, playful atmosphere that celebrated community and the joy of the season. With themed activities, entertainment, and a warm sense of connection, it delighted children and parents alike. Due to last year’s popularity, we’re excited to announce that Winter in Candyland will be moving to the Pavilion Center at the Expo this year! The new, larger venue will allow us to expand activities and welcome even more families to join in the fun.



What makes Winter in Candyland especially impactful is its focus on promoting child development through play. Games like Candy Land are more than entertainment; they’re valuable tools that help children build essential skills for school readiness. Playing Candy Land teaches social skills like turn-taking, patience, and following instructions. As children move along the colorful game board, they develop color recognition and descriptive language skills. The game also helps children learn social-emotional vocabulary and possessive pronouns, which are foundational for communication and interaction in school settings.

To make this year’s event even bigger and better, we’re looking for community support! Volunteers and local businesses are encouraged to reach out and lend a hand in bringing this expanded celebration to life. Your support will help create a joyful experience for families and foster a stronger foundation for our children. If you’re interested in joining us to make Winter in Candyland a success, please contact us for more information on how to get involved.

Winter in Candyland is more than a seasonal celebration; it’s a community-centered event that encourages family engagement and helps children grow through play. We look forward to gathering again, creating lasting memories, fostering learning, and building a stronger foundation for our families. See you there!

For more information on how you can get involved in this years candyland event, contact Joy Marshall at joy.marshall@rvfnc.org

Join us in making this year’s Winter in Candyland our most magical event yet! Whether you volunteer your time or lend a hand with resources, your support will bring joy to families and help children build essential skills through play. Together, we can make a lasting impact—reach out today to be a part of this unforgettable celebration!

Social Determinants of Health

and the services we provide create social and physical environments that promote good health for all.



Facilities Changes & Growth



212 N. Oakdale, Medford

After 16 years in operation, with tremendous support from St. Marks before and after they sold the building to us, we have moved on. The building and land are now being prepared for our multi-use, multi-generational, 15-unit apartment building; construction is projected begin in the next few years.



NOW OPEN Main Street Family Campus 825-839 Main St., Medford

Our new campus provides childcare, therapeutic and preschool classrooms, play therapy rooms, a clothing closet, a diaper closet, parent education space with computers, administration offices, and soon will be set up for car seat distribution and installations. We are happy to have so many services under one roof and look forward to inviting the community to our campus.

Four Building Office Complex

23 Units • 80 Parking Spaces

Land: 1.53 Acres • 19,848 sq. ft.

Purchased with a CSFRF \$1.4 Million Gift

Year Built: 1968 • Renovated: 2016



Family Nurturing Center

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To read the full Project Impact Report, please visit familynurturingcenter.org/our-impact/